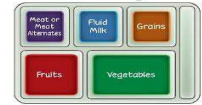




2023-2024
RAYTOWN QUALITY SCHOOL DISTRICT
SEPTEMBER LUNCH MENU
MIDDLE SCHOOL

Build a Healthy Lunch



Beverages offered daily: White Skim Milk, Chocolate Skim Milk, 100% Fruit Juice

Alternate meal offered daily: PB Sandwich, vegetable, fruit, and milk



= denotes menu item may contain pork or pork products

Revised: 6/12/23

<p style="text-align: center;">seconds on fruits and vegetables upon request.</p> <p style="text-align: center;">We reserve the right to make substitutions to the menu.</p>	<p style="text-align: center;">MEAL PRICES</p> <p style="text-align: center;">Reduced Pay: \$0.40 Full Pay: \$2.45 Adults: \$3.10 Milk: \$0.55</p>				<p>FRIDAY 1</p> <p>May Choose: Cheeseburger Pepperoni Pizza Deli Sandwich</p> <p>May Choose: Baked Beans Strawberries</p>
MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8	
NO SCHOOL	<p>May Choose: Chicken Burrito Tangerine Chicken & Rice Deli Sandwich</p> <p>May Choose: Steamed Broccoli Pineapple Salsa</p>	<p>May Choose: Spicy Chicken Sandwich Pulled Pork Sandwich Deli Sandwich</p> <p>May Choose: Baked Beans Apple</p>	<p>May Choose: Macaroni & Cheese Little Smokies & Roll Drumstick & Roll Deli Sandwich</p> <p>May Choose: Fresh Carrots Mixed Fruit</p>	<p>May Choose: Jacked Burger Cheese Quesadilla Pizza Deli Sandwich</p> <p>May Choose: Oven Fries Strawberries</p>	
MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15	
<p>May Choose: Hotdog BBQ Chicken Sandwich Deli Sandwich</p> <p>May Choose: Glazed Carrots Pears</p>	<p>May Choose: Chicken Quesadilla Pizza Taco Salad Deli Sandwich</p> <p>May Choose: Corn Mixed Fruit Salsa</p>	<p>May Choose: Bosco Sticks with Marinara Pizza Crunchers Deli Sandwich</p> <p>May Choose: Baked Beans Mandarin Oranges</p>	<p>May Choose: Meatball Sub Sriracha Honey Chicken & Rice Deli Sandwich</p> <p>May Choose: Broccoli Pineapple</p>	<p>May Choose: Breakfast Sandwich Cheeseburger Deli Sandwich</p> <p>May Choose: Oven Fries Peaches</p>	
MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22	
<p>May Choose: Sloppy Joe Pizza Crunchers Deli Sandwich</p> <p>May Choose: Peas Pears</p>	<p>May Choose: Beef Taco Bean & Cheese Burrito Deli Sandwich</p> <p>May Choose: Refried Beans Mixed Fruit Salsa</p>	<p>May Choose: Spicy Chicken Sandwich Fish Sticks & Roll Deli Sandwich</p> <p>May Choose: Glazed Carrots Apple</p>	<p>May Choose: Philly Beef Sandwich Gen Tso's Chicken & Rice Deli Sandwich</p> <p>May Choose: Steamed Broccoli Pineapple</p>	<p>May Choose: Jacked Burger Chicken Poppers & Roll Deli Sandwich</p> <p>May Choose: Oven Fries Strawberries</p>	
MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29	
<p>May Choose: Corn dog Fish Taco Deli Sandwich</p> <p>May Choose: Peas Pears Salsa</p>	<p>May Choose: Frito Pie Beef & Cheese Burrito Deli Sandwich</p> <p>May Choose: Garden Salad Mixed Fruit Salsa</p>	<p>May Choose: Bosco Stick with Marinara Pizza Crunchers Deli Sandwich</p> <p>May Choose: Green Beans Applesauce</p>	<p>May Choose: Spaghetti with Meat Sauce & Roll Chicken Nuggets & Roll Deli Sandwich</p> <p>May Choose: Fresh Carrots Strawberries</p>	<p>May Choose: Cheeseburger Pepperoni Pizza Deli Sandwich</p> <p>May Choose: Oven Fries Peaches</p>	

"This institution is an equal opportunity provider."